



Contact:

Jack Kline MS, LPC, LCAS, CCS, NCC, ICAADC
Executive Director
Four Circles Recovery Center
(828) 891-2221
jkline@fourcirclesrecovery.com

Four Circles Recovery Center Increases Clinical Sophistication, Announces New Program Manager, Dr. Melanie Weis, LPC, NCC

Horse Shoe, NC (PRWEB) July 8, 2010 – Four Circles Recovery Center, a program for young adults ages 18-28 who are struggling with addiction, substance abuse and co-occurring emotional or behavioral issues, has added a new level of clinical sophistication to its innovative program with the hiring of Dr. Melanie Weis as Program Manager. Dr. Weis holds a Ph.D. in Counseling and is a Licensed Professional Counselor, uncommon distinctions of staff in wilderness-based treatment programs.

“We are delighted to have Dr. Weis join the Four Circles team,” said Jack Kline, Executive Director of the treatment program. “Her level of expertise and clinical background are atypical of a wilderness program and will help Four Circles continue to distinguish itself among the best treatment providers for young adults.”

Four Circles has made it their mission to be as clinically sophisticated as a residential program, but within a wilderness-based setting. All therapists are licensed master’s or doctoral level clinicians who have extensive training and experience dealing with addiction and co-occurring emotional and behavioral issues. By employing a variety of clinical approaches, staff address clients’ physical, mental, emotional and spiritual needs while helping them build a strong foundation for recovery. Their approach includes individualized treatment planning, individual, group and family therapy, AA/NA meetings, art therapy, martial arts, life skills training, 12 Step meetings, rock climbing, canoeing, and more.

As Program Manager, Dr. Weis will work with Four Circles’ skilled team of therapists and staff to plan daily activities, as well as meet with clients individually and facilitate therapy groups.

“I feel privileged to meet with individuals as they confront themselves and begin the journey of becoming who they want to be,” said Dr. Weis. “I am passionate about my work because I have witnessed the transformative power of therapeutic interventions.”

Prior to joining Four Circles, Dr. Weis was in private practice counseling adults and couples dealing with life transitions, grief and loss, anxiety, depression and addiction. She also has served as a grief counselor in a hospice and as a child and family therapist for a nonprofit behavioral health services organization.

Dr. Weis is a member of the American Counseling Association and the NAACP, has presented on a national level, and believes in “an individual’s ability to create meaning in his or her life through a process of self-acceptance... [and] that as people attain a greater awareness of themselves and their interaction with the world, they will be better able to engage the world in ways that are congruent and meaningful to them.”

She adds: “My love for this field guided me to obtain my doctorate in counselor education with a concentration in multicultural counseling. I am now fortunate to work with clients in a program that combines traditional treatment and wilderness therapy.”

Located in Horse Shoe, North Carolina, Four Circles Recovery Center is recognized for its unique approach of blending the most successful elements of substance abuse treatment options by harnessing the power of the wilderness while integrating proven, time-tested traditional approaches and a range of cutting-edge clinical services. This combination of treatment services has been proven to yield lasting change and a strong foundation for sustained recovery. For more information, visit www.fourcirclesrecovery.com.

Four Circles is a proud member of Aspen Education Group, the nation's leading provider of therapeutic education programs for struggling or underachieving young people. Aspen's services range from short-term intervention programs to residential treatment, and include a variety of therapeutic settings such as boarding schools, outdoor behavioral health programs and special needs summer camps, allowing professionals and families the opportunity to choose the best setting to meet a student's unique academic and emotional needs. Aspen Education Group is a proud member of the National Association of Therapeutic Schools and Programs (NATSAP). Aspen also is a member of CRC Health Group, the nation's largest chemical dependency and related behavioral health organization. For over two decades, CRC Health has been achieving successful outcomes for individuals and families. For more information, visit www.crchealth.com.