The Provita Program
Innovative Treatment for Opiate Addiction
About Vivitrol
Vivitrol & Counseling for Long-Term Recovery

The latest scientific research shows that an FDA-approved medication called Vivitrol® is safe and effective in treating opiate addiction. Studies show that Vivitrol:

- Reduces or eliminates drug cravings
- Keeps patients in treatment longer
- Helps patients refrain from using opiates
- Reduces the risk of relapse

Long-term success requires that Vivitrol be used in conjunction with counseling, 12-Step programs and lifestyle changes. While Vivitrol treats the physical aspects of addiction, residential/outpatient treatment addresses the disease’s emotional, mental and spiritual effects. Together, these interventions give opiate addicts the tools they need to stay clean and sober.

How Vivitrol Works
Vivitrol is an extended release form of the generic medication naltrexone. As an opioid antagonist, naltrexone occupies the opioid receptors in the brain, blocking the euphoric effects of opiates for up to 30 days. While Vivitrol dramatically reduces drug cravings and the risk of relapse, residential and outpatient treatment provide the counseling, 12-Step programming and lifestyle changes needed to support long-term addiction recovery.

Benefits of Vivitrol
Vivitrol helps patients stay engaged in a drug rehab program long enough to develop the skills needed for lifelong recovery. Other benefits include:

- Vivitrol is non-addictive and is not an opioid.
- Vivitrol has no mood- or mind-altering effects.
- Vivitrol typically begins managing drug cravings within hours.
- Each injection of Vivitrol lasts up to one month, increasing the likelihood of treatment compliance.
- Vivitrol is generally well-tolerated with minimal side effects.
- Studies show that Vivitrol is effective in preventing relapse and reducing drug cravings.
- Vivitrol can be used long-term.
CRC Health Group, the nation’s largest behavioral health care company, has developed an innovative program to treat opiate addiction that combines monthly Vivitrol injections with inpatient and outpatient addiction treatment. Participants must meet medical and clinical protocol that may include the stage of change assessment, suicide assessment, craving and relapse risk analog scales. Length of stay will be determined by the clinical team.

**Opiate Detox**
Patients in the Provita Program detox from opiates in a safe, comfortable manner under the 24-hour supervision of a skilled medical team.

**Inpatient Stabilization**
Following detox is a 7- to 10-day opiate-free stabilization period. During this time, patients participate in a residential drug rehabilitation program that includes counseling, education, 12-Step support and the full range of therapies that make CRC’s programs so successful.

This stabilization period is part of what makes the Provita Program unique and effective. Patients must be opiate-free before receiving the Vivitrol shot, but drug cravings make it exceedingly difficult for an addict to endure this period on their own without relapsing. The Provita Program provides addicts with a safe, structured treatment program during this critical phase prior to receiving their first Vivitrol shot.

**Vivitrol Injection**
Once stabilized, patients receive their first injection of Vivitrol in a highly structured, closely monitored residential setting. Medical professionals and staff are available to observe the patient’s tolerance of the medication and adjust their dose as needed.

**Continuing Care**
Patients in the Provita Program receive structured follow-up by a dedicated continuing care team. Research shows the longer an individual is able to stay sober and actively work a program of recovery, the better the outcome. We provide recommendations and referrals for ongoing counseling, 12-Step meetings and Vivitrol treatment in an outpatient setting.
CRC Health Group offers the most comprehensive network of behavioral health, addiction, weight management and therapeutic education services in the nation. For over three decades, CRC programs have helped individuals reclaim and enrich their lives.

**Vision**
We will be a world-class organization that sets the standard of excellence in the treatment of addiction and other chronic behavioral health disorders. We will provide a continuum of evidence-based treatment that delivers the highest quality of care and improves the lives of millions of people.

**Mission**
To inspire our employees to deliver clinical excellence and lead CRC to be the preferred treatment provider to individuals and families in need.

**Core Values**
Clinical Excellence
Integrity
Open Communication
Teamwork
Mutual Respect
Passion